



Square dancing isn't what it used to be!

**But it is a great way to meet new people, reduce stress,
exercise and have a blast in a safe,
friendly environment.**

**We are offering a 6 hour "Blast Class" at Balboa Park.
(Map on the back)**

Saturday, November 4th, 9:30am-4:00pm

\$10 includes lunch

**Afterward, you'd be able to join a class already in
progress.**

***Ages 8 & up, singles, couples
Or groups are all welcome.***

**For more information, contact the
San Diego Square Dance Association at 619-235-8151
or www.sdsda.org**